

## Soups and Salads

**Soup of the Moment \$7/bowl \$5/cup**

**Mista Insalata** **\$7/full \$5/half**  
*Sweet mix of organic greens, roasted red peppers, pine nuts and tomato.  
 Tossed in a shallot vinaigrette.*

**Ciao Bella Caesar** **\$8/full \$6/half**  
*Fresh Romaine is tossed with creamy Caesar dressing, croutons, parmesan  
 cheese and anchovy fillets.*

*With Grilled Chicken Breast or Seared Ahi* **\$11**

**Mozzarella Caprese** **\$14**

Fresh buffalo Mozzarella, roma tomatoes, and basil sprinkled with  
 pinenuts and olive oil

**Fruit and Cheese Salad** **\$11**

Organic Mixed Greens and Spinach in a Champagne Vinaigrette, topped with  
 strawberries, oranges, pine nuts and candied Walnuts and crowned with goat Cheese  
 rounds.

**Summer Garden Salad** **\$13**

Spinach in Balsamic Vinaigrette, topped with Fresh Corn, Tomato, Walnuts,  
 Strawberries, Mango, Artichokes, Carrots and Oranges.

**Duck Mango Salad** **\$16**

Organic Mixed Greens in Balsamic Vinaigrette, topped with sliced duck breast and  
 fresh mango

### Pizza

Wood fired 12" pizza crust

**Chef's featured Pizza of the Week – Ask your Server**

**Cheese Pizza** **\$10**

*Add your own toppings. (Price will vary with Selected toppings)*

**Pizza with Pesto and Chicken** **\$12**

*Brushed with pesto and topped with grilled chicken breast, onions, mushrooms,  
 tomato and mozzarella.*

**Gourmet Mushroom Pizza** **\$13**

*Topped with our garlic laced pizza sauce and loaded with imported and  
 domestic mushrooms. Topped with whole milk mozzarella and fresh Rosemary*

**Italian Wedge Salad** **\$7**

*Fresh Romaine topped with gorgonzola and pancetta dressing*

**Steak Salad Rustica** **\$13**

*Slices of grilled Steak, red onion, tomato wedges and gorgonzola crumbles.  
 Dressed with Chianti Vinaigrette.*

**Salmon Cobb Salad** **\$13**

*Romaine, egg, pancetta, olives, avocado, gorgonzola cheese and salmon  
 Tossed in Blue Cheese Dressing*

**Shrimp Salad** **\$14**

*Organic Mixed Greens in a Champagne vinaigrette, topped with Avocado, Pear,  
 Grapes, raspberries, Strawberries, Parmesan and Gorgonzola Cheese and a Shrimp  
 Skewer.*

**Italian Chopped Antipasti Salad** **\$14**

*Chopped Romaine, provolone Cheese, salami, prosciutto, mortadella all tossed in  
 Italian dressing and topped with red onion slices, olives and marinated artichokes.*

**Warm Roasted Vegetable Salad** **\$9**

*Red potatoes, peppers, onions, mushroom and mixed seasonal vegetables  
 roasted and tossed in Extra Virgin Olive oil.*

*With Grilled Chicken Breast* **\$12**

*With Seared Ahi* **\$13**

### Pasta

Lunch size portions of all our favorites *(Full portions also available at lunch upon request)*

*We also offer Wheat-free, Gluten-Free, Fat-Free, Sodium-Free pasta options.*

**Linguine Puttanesca** **\$11**

*Fresh Roma tomatoes, fresh basil, garlic, mild onions, black olives, anchovy  
 fillets and Extra Virgin Olive Oil is topped with aged Parmesan Reggiano  
 with Italian sausage* **\$15**

**Chicken Farfalle** **\$11**

*Bowtie pasta simmered with onion, mushrooms, grilled chicken and a touch of  
 garlic in a creamy asiago cheese sauce. Served with a small mixed green salad  
 garnishing the plate*

**Ravioli** **\$11**

*Try one of our fresh ravioli with delicious homemade sauces. Served  
 With a small side salad garnishing the plate.*

**Sundried tomato and Artichoke** topped with sundried tomato sauce

**Spinach** topped with vodka sauce

**Ciao Bella Lasagna Rolls** **\$ 9**

*Beef, ricotta, mozzarella, herbs and sauce rolled up into ruffled pasta sheet.  
 A small mixed green salad garnishes the plate*

### Spaghetti

*Our homemade sauces top al Dente spaghetti. Choice of Sauces:*

**Marinara** **\$ 7** **Alfredo** **\$8**

**Bolognese** **\$ 8** **Meatballs** **\$10**

**Penne Portabello** **\$11**

*Portobello mushrooms, Italian sausage, arugula and parmesan cheese on  
 Penne pasta tossed in a porcini cream sauce.*

**Gnocchi** **\$14**

*(nee-okkee) is the Italian word for dumplings. Ours are potato gnocchi  
 with fresh shrimp and tomatoes. Tossed in a rosemary cream sauce*

### Sandwiches

*Served with sweet potato fries*

**Kobe Roast Beef Sandwich** **\$15**

*Served on Focaccia with an onion marmalade spread, lettuce, and tomato*

**Rosemary Ham on Focaccia** **\$ 8**

*Rosemary ham, aged provolone, tomatoes and spinach. Whole grain mustard  
 on warm focaccia bread.*

**Roast Turkey and Gorgonzola** **\$ 9**

*Hot turkey breast and melted gorgonzola on an Italian roll. Lettuce, tomato  
 and Italian dressing.*

**Muffuletta** **\$13**

*An Italian Classic! Pancetta, Salami, and mortadella, topped with melted  
 provolone and dressed with an olive salad!*

**Portabella on Focaccia** **\$ 8**

*Served open faced. Grilled portabella slices are layered with spinach, tomato,  
 grilled red onion with a garlic mayonnaise aioli.*

**Sausage and Peppers Sandwich** **\$ 9**

*Mild Italian sausage, grilled onions and peppers fill an Italian roll.  
 It's topped with our Marinara sauce and melted provolone.*

**Steak Sandwich** **\$13**

*Olive bread filled with filet mignon grilled to order and topped with sautéed  
 mushrooms and tomatoes with garlic mayonnaise aioli*

### Entrees

*Allow additional time for preparation of Entrée items*

**Pesto Chicken Breast** **\$11**

*Grilled Chicken breast is tossed in basil pesto sauce topped with melted  
 parmesan. Served with Potatoes and Vegetables*

**Parmesan Chicken** **\$10**

*A lunch size portion of an all time favorite. Served with a small mixed green  
 salad garnishing the plate*

**Eggplant Napoleon** **\$12**

*Eggplant layered with vegetables and topped with a balsamic reduction.  
 Beautiful, healthy and oh so good!*

**Grilled Salmon (prepared 2 ways)** **\$17**

o *Topped with tomato cream sauce. Served with potatoes and vegetables*  
 o *Topped with citrus sauce and fresh citrus fruit served over vegetables*

**Sand Dabs** **\$12**

*These delicate fillets are lightly sautéed and finished in lemon, dry vermouth,  
 and butter sauce. Then garnished with capers and Italian parsley. Served  
 with Potatoes and Vegetables*

**Tilapia** **\$11**

*One 4oz Tilapia Filet in a Rosemary, Sake Butter Sauce served with steamed  
 vegetables and red potatoes*

*If you don't see something you are looking we may be able to prepare it.  
 Most of our entrees can be cooked to your specifications or made without sauces. Just let us know.  
 18% gratuity may be added to parties over 10*